



Ikoi no Kai - JULY 2026

1333 SE 28th Ave / 503-238-0775

ikoinokai.org

MON	TUES		THURS	FRI
		X	2 Ahi Tuna Cakes ハワイ風 マグロハンバーグ	3 CLOSED
6 * Ume Shiso Chicken 梅じそチキン 11:30am Soroban 12:30pm Mahjong	7 Sweet & Sour Pork Meatballs 豚肉団子の甘酢あん 11am Blood Pressure 12:45pm Sing-along	X	9 * Naengmyeon Cold Korean Noodles 韓国風冷麺 9:30am / 10:30am Ukulele 11am Blood Pressure 11am Haiku	10 Chicken Karaage 唐揚げ 10-11:30am Shigin 12:30pm Bingo
13 Menchi Katsu Minced Meat Katsu メンチカツ 11:30am Chair Yoga 12:30pm Mahjong	14 Hiyashi Chuka Chilled Ramen Salad 冷やし中華 12:45pm Sing-along	X	16 * Lemongrass Tofu レモングラス豆腐	17 Shumai シュウマイ 10-11:30am Shigin
20 Chilled Pork Shabu Shabu Udon 豚肉の 冷しゃぶうどん 12:30pm Mahjong	21 Chicken w/ Black Bean Sauce 豆豉醬チキン 11am Blood Pressure 12:45pm Sing-along	X	23 * Lettuce Wraps 中華風レタス包み 9:30am / 10:30am Ukulele 11am Blood Pressure 11am Haiku	24 Stuffed Chicken Wings 手羽先の詰め物焼き 10-11:30am Shigin
27 Birthday Sushi お誕生日寿司 *Reservations required (suggested donation \$12) 12:30pm Mahjong	28 Yaki Udon 焼きうどん 10:40am-2pm Reiki 12:45pm Sing-along	X	30 * Somen Salad 素麺サラダ	31 Pork Teriyaki 豚肉の照り焼き 10-11:30am Shigin

Chefs: Naomi Molstrom-M Kyoko Adcock-Tu Justin Sato -Th/F

Suggested Lunch Donation: \$9 for seniors 65+ / \$12 for adults under 65 / \$ 6 kids

Reservations preferred / Indoor Dining Limited

For reservations please call and leave a message or email:

(ph) 503-238-0775 (email) ikoinokai7@gmail.com

Seating at 11:30 am with lunch served promptly at noon

*** vegetarian option available on that day - please reserve two days in advance**