



Ikoi no Kai - AUGUST 2026

1333 SE 28th Ave / 503-238-0775

ikoinokai.org

MON	TUES		THURS	FRI
3 Chicken Katsu Curry チキンカツカレー 11:30am Tai Chi 12:30pm Mahjong	4 Miso Pork 豚肉の味噌焼き 11am Blood Pressure 12:45pm Sing-along	X	6 * Kimbap キンパ	7 BBQ Shrimp Kushiyaki Shrimp Skewers エビのBBQ串焼き 10-11:30am Shigin
10 * Fresh Spring Rolls 生春巻き 12:30pm Mahjong	11 Shrimp Fried Rice エビ炒飯 11:30am Chair Yoga 12:45pm Sing-along	X	13 * Beef Sukiyaki すき焼き 9:30am / 10:30am Ukulele 11am Haiku	14 Crispy Ginger Chicken 鶏のかりかり生姜焼き 10-11:30am Shigin 12:30pm Bingo
17 Mapo Tofu 麻婆豆腐 12:30pm Mahjong	18 Shiso Karaage しそ唐揚げ 11am Blood Pressure 12:45pm Sing-along	X	20 Paneer Sliders w/ Chicken & Rice インド式チキン炒飯 & ミニチーズバーガー 11am Blood Pressure 11:30am Tai Chi Guest Chef: Raaga M.	21 Salmon Mixed Rice 鮭の混ぜご飯 10-11:30am Shigin
24 Rockfish Tatsuta-Age Fried Rockfish 根魚の竜田揚げ 12:30pm Mahjong	25 Birthday Sushi お誕生日寿司 *Reservations required (suggested donation \$12) 12:45pm Sing-along	X	27 Teriyaki Chicken 照り焼きチキン Card-making 9:30am / 10:30am Ukulele 11am Haiku	28 Pork Katsu w/ Miso Sauce 味噌ダレ豚カツ 10-11:30am Shigin
31 Roast Beef Rice Bowl ローストビーフ丼 11:30am Soroban 12:30pm Mahjong				

Chefs: Naomi Molstrom-M Kyoko Adcock-Tu

Justin Sato, Andrea Hoyt, Keika Ruttan and Raaga Mandala-Th/F

Suggested Lunch Donation: \$9 for seniors 65+ / \$12 for adults under 65 / \$ 6 kids

Reservations preferred / Indoor Dining Limited

For reservations please call and leave a message or email:

(ph) 503-238-0775 (email) ikoinokai7@gmail.com

Seating at 11:30 am with lunch served promptly at noon

*** vegetarian option available on that day - please reserve two days in advance**