Ikoi no Kai - November 2026

1333 SE 28th Ave / 503-238-0775
ikoinokai.org

MON	TUES		THURS	FRI
2 **Ebi Fry** Panko-fried Shrimp 海老フライ *10:20am Reiki* *11:30am Chair Yoga* *12:30pm Mahjong*	**3** **Ganmodoki** Tofu Fritter がんもどき *12:45pm Sing-along*	**X**	**5** **Crab and Mushroom Croquette** カニ＆きのこのコロッケ	**6** **Beef Stew** ビーフシチュー *11:30am Tai Chi* *10-11:30am Shigin*
9 **Chicken w/ Ume Sauce** 鶏肉の梅ダレ *11:30am Soroban* *12:30pm Mahjong*	**10** **Chap Chae** Korean Glass Noodles 豚チャプチェ *12:45pm Sing-along*	**X**	**12** **Surf & Turf** 「サーフ＆ターフ」 海と大地の幸 *[Veterans' Day at INK]* *10:00am Ukulele*	**13** **Black Bean Chicken** 鶏肉の豆豉炒め *10-11:30am Shigin* *12:30pm Bingo*
16 **Tenshin Don** Crab Omelette Rice Bowl 天津丼 *11:30am Soroban* *12:30pm Mahjong*	**17** **Hambaagu** Hamburger Steak ハンバーグ *11am Blood Pressure* *12:45pm Sing-along*	**X**	**19** **Okonomiyaki** Savory Pancake お好み焼き *11am Blood Pressure*	**20** **Char Siu** Chinese BBQ Pork チャーシュー *10-11:30am Shigin*
23 **Yaki Udon** Stir-fried Noodles 焼きうどん *11:30am Tai Chi* *12:30pm Mahjong*	**24** **Birthday Sushi** お誕生日寿司 *Reservations required (suggested donation $12) *12:45pm Sing-along*	**X**	**26** **CLOSED**	**27** **CLOSED**
30 **Chicken Meatball Nabe** Chicken Hotpot 鶏団子鍋 *12:30pm Mahjong*				

Chefs: Naomi Molstrom-M Kyoko Adcock-Tu Justin Sato - Th/F

Suggested Lunch Donation: $9 for seniors 65+ / $12 for adults under 65 / $ 6 kids

Reservations preferred / Indoor Dining Limited

For reservations please call and leave a message or email:

(ph) 503-238-0775 (email) reserve@ikoinokai.org

Seating at 11:30 am with lunch served promptly at noon

*** vegetarian option available on that day - please reserve two days in advance**